

Insights

FDA EXTENDS DATE FOR COMPLIANCE WITH NEW NUTRITION FACTS LABEL; MENU LABELING RULES TAKE EFFECT

May 18, 2018

The FDA has extended the date for compliance with the [Nutrition Facts and Supplement Facts Label and Serving Size](#) final rules. As we previously reported, the rules were finalized in May 2016 and initially set a general compliance date of July 26, 2018. Manufacturers with annual food sales of less than \$10 million were given an additional year to comply.

The FDA has now issued a [Federal Register](#) notice extending the compliance dates by “approximately 1.5 years.”

The Nutrition Facts labeling rules:

- Require an updated “Nutrition Facts” label with dual-column labeling for certain containers;
- Require mandatory declarations for “added sugars” in grams and as a percentage of Daily Value (% DV);
- Update the list of declared nutrients. Disclosure of vitamin D and potassium will be required. Calcium and iron will continue to be required. Vitamins A and C will no longer be required but can be included on a voluntary basis.
- Continue to retire “Total Fat,” Saturated Fat,” and “Trans Fat,” but no longer require “Calories from Fat,” since research shows the type of fat is more important than the amount.
- Update daily values for nutrients like sodium, dietary fiber and vitamin D; and
- Update serving sizes and labeling requirements for certain package sizes.

For questions or more information, contact the author or any member of our [Retail](#) team.

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