



## **SARAH R. HOLDMEYER**

**Associate**

**Kansas City**

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### **BIOGRAPHY**

Sarah's practice focuses primarily on labor and employment matters, in which she assists businesses with numerous employment issues including providing day-to-day legal advice, drafting employment handbooks and updating employment policies, responding to charges filed with state or federal agencies, and representing employers throughout the litigation process. Her clients include employers located through the US in the financial services, insurance, health care, transportation and shipping, food production, and higher education industries, among others.

Sarah has experience with claims brought under federal and state discrimination statutes including Title VII, the Americans with Disability Act, the Age Discrimination in Employment Act, the Family and Medical Leave Act, and Section 1981. She has also provided assistance with issues involving state and federal workers' compensation, wrongful discrimination, and reductions in force.

Sarah also has extensive experience assisting employers with enforcing employee trade secret, non-compete, and non-solicitation agreements. With her help, employers have been successful in obtaining temporary restraining orders and injunctions against individuals who violated their agreements and against businesses who assisted them in doing so.

Sarah is also a member of the Higher Education Client Service Group, in which she represents universities with Title IX and other staff and student issues. She also assists with general commercial litigation issues and has experience in disputes concerning property and quiet title, mortgage servicing, and insurance. She has experience in all stages of litigation, including responsive pleadings, discovery, dispositive motions, mediation, and trial preparation.

Sarah volunteers legal services to the Missouri Volunteer Attorney Project and the Missouri Public Defenders Office.

## CIVIC INVOLVEMENT & HONORS

- Calvary Community Outreach Network, Board Member; Holiday Harvest Steering Committee; Holiday Harvest Co-Chair (2018), Holiday Harvest Chair (2019)
- Sheffield Place, Board Member; Off the Wall Steering Committee
- *UMKC Law Review*, Managing Editor and Member, 2014-2016
- Student Emissary, UMKC School of Law, 2014-2016
- Phi Alpha Delta Legal Fraternity

## PROFESSIONAL AFFILIATIONS

- Kansas City Metropolitan Bar Association
- KCMBA Federal Courts Advocate Section, Membership Chair
- Missouri Bar Association
- Kansas Bar Association
- American Bar Association

## COMMITTEE CONTENT

- Kansas City Recruiting Committee Member
- Kansas City Events Committee Member
- New Associate/Summer Associate Mentor
- BCLP Global Allies Member

## **ADMISSIONS**

- Kansas, 2017
- Missouri, 2016

## **EDUCATION**

- University of Missouri-Kansas City, J.D., 2016
- University of Missouri-Kansas City, B.A., 2001

## **RELATED PRACTICE AREAS**

- Employment & Labor
- Litigation & Dispute Resolution
- Campus Free Expression
- Cross-border Employment Issues
- Business & Commercial Disputes
- Investigations
- Regulation, Compliance & Advisory
- Higher Education Team
- Employment Class & Collective Actions

## **RESOURCES**

### **PUBLICATIONS**

- "A New Path to Excellence: The Path that Leads to Stronger Students, Better Schools, and Engaged Communities," *UMKC Law Review*, 2015

- "Case Note: Doe v. Galster (7th Cir. 2014)," *The Urban Lawyer*, 2015

## RELATED INSIGHTS

Blog Post

February 22, 2023

**Highly-Paid Executives May Be Entitled to Overtime Compensation**